

Notes, Journal & Doodle Space:



Don't Just Do Something, Sit There

Being Mary in a Martha World

Today's Bible Passage:
Luke 10:38-42

January 2, 2022 / Pastor Pat Boyd

Principles to learn from Mary and Martha...

1. Our greatest strengths can become a _____.

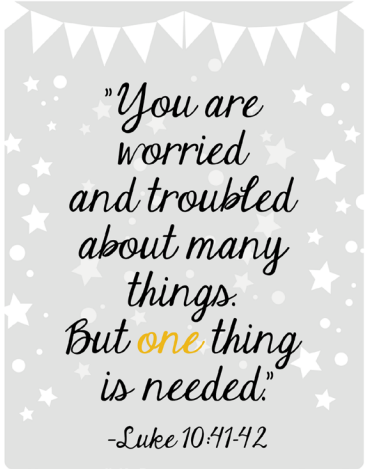
38) As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him... 39) But Martha was distracted by all the preparations that had to be made."

Luke 10:38-39

2. Doing work FOR God is not the same as _____ Him.

37) Jesus replied: "‘Love the Lord your God with all your heart and with all your soul and with all your mind.’ 38) This is the first and greatest commandment. 39) And the second is like it: ‘Love your neighbor as yourself.’"

Matthew 22:37-39



Principles to learn from Mary and Martha...

3. Be teachable when God questions our true _____.

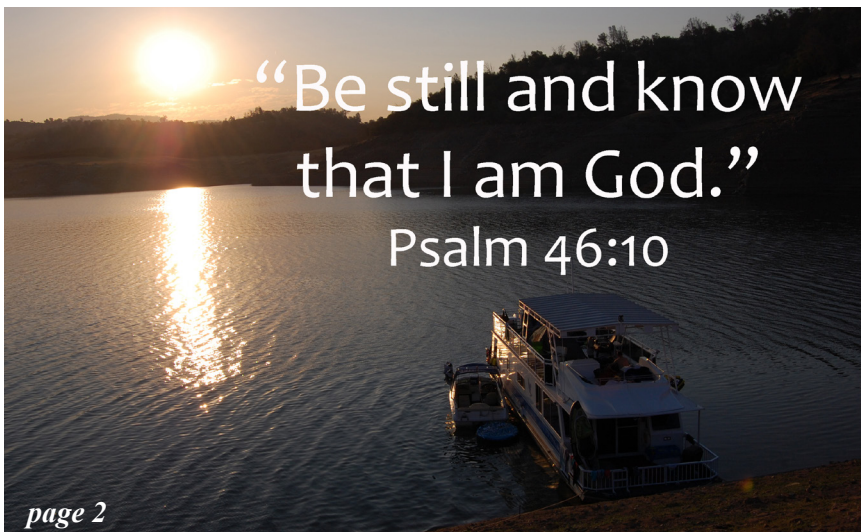
40) Mary came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" 41) "Martha, Martha," the Lord answered, "you are worried and upset about many things..." Luke 10:40-41

23) Search me, God, and know my heart; test me and know my anxious thoughts. 24) See if there is any offensive way in me, and lead me in the way everlasting.

Psalm 139:23-24

4. Make time to _____ down to be quiet and listen to God.

42) ...but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her." Luke 10:42



“Be still and know that I am God.”

Psalm 46:10

21) "Not everyone who says to me, 'Lord, Lord,' will enter the kingdom of heaven, but only the one who does the will of my Father who is in heaven. 22) Many will say to me on that day, 'Lord, Lord, did we not prophesy in your name and in your name drive out demons and in your name perform many miracles?' 23) Then I will tell them plainly, 'I never knew you. Away from me, you evildoers!'"

Matthew 7:21-23

Personal Follow Up Study

Make some time this week to prayerfully and honestly answer the following questions...

1. Take 5 minutes to be quiet and “Be Still” before God.
2. Do you relate to Mary or Martha more in the today's Bible passage? Why? _____

3. Why are we afraid or uncomfortable about being in silence or quiet before God? _____

4. Do you struggle with working FOR God more than actually spending time getting to know God? What ways do you struggle? _____

5. How do we find the balance between us ministering to people and us allowing God to minister to us first? _____

Sympathy / Humility / Maturity

“2) Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, 3) because you know that the testing of your faith produces perseverance. 4) Let perseverance finish its work so that you may be mature and complete, not lacking anything.”

James 1:2-4

”6) God opposes the proud but shows favour to the humble.’ 7) Submit yourselves, then, to God...

10) Humble yourselves before the Lord, and he will lift you up.” **James 4:6-7; 10**

9) But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me. 10) That is why, for Christ’s sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. **For when I am weak, then I am strong. Galatians 5:22-23**

“When he saw the crowds, he had compassion on them, because they were harassed and helpless, like sheep without a shepherd.” **Matthew 9:36**

“19) Therefore, brothers and sisters, since we have confidence to enter the Most Holy Place by the blood of Jesus... 22) Let us draw near to God with a sincere heart and with the full assurance that faith brings, having our hearts sprinkled to cleanse us from a guilty conscience.” **Hebrews 10:19 and 22**

“I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.” **Galatians 2:20**

For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.”

Ephesians 6:12

Ring Satan

“Submit yourselves, then, to God. Resist the devil, and he will flee from you.” **James 4:7**

“Put on the full armor of God so that you can take your stand against the devil’s schemes.” **Ephesians 6:11**

Ring Ourselves

“21) So I find this law at work: When I want to do good, evil is right there with me. 22) For in my inner being I delight in God’s law; 23) but I see another law at work in the members of my body, waging war against the law of my mind and making me a prisoner of the law of sin at work within my members. 24) What a wretched man I am! Who will rescue me from this body of death?”

Romans 7:21-24

God’s Promises

“12) So, if you think you are standing firm, be careful that you don’t fall! 13) No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.”

I Corinthians 10:12-13

“For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who has been tempted in every way, just as we are--yet was without sin.”

Hebrews 4:15

“Everyone who competes in the games goes into strict training.

“physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.” **I Timothy 4:8**

“I delight in your decrees; I will not neglect your word.”

Psalms 119:16

“For the word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.” **Hebrews 4:12**

They do it to get a crown that will not last; but we do it to get a crown that will last forever.

26 Therefore I do not run like a man running aimlessly; I do not fight like a man beating the air. 27 No, I beat my body and make it my slave.

I Corinthians 9:25-27

“... let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us.” **Hebrews 12:1**

“Do not be overcome by evil, but overcome evil with good.”

Romans 12:21

“17) Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come! 18) All this is from God, who reconciled us to himself through Christ and gave us the ministry of reconciliation.” **II Corinthians 5:17-18**

Illustrations

Sarah cleans my desk
Grandma died because she didn't want to go to the doctor
Shaving without my contacts on
How many bars do you have?
Alex playing basketball at the YMCA
Old guy with bike at Cal Poly
Surgeon operating with the lights on
Bat Spin
Exercise, growing plants, we marinate meat all takes
Foot washing
Thorough examinations take time
Hot dog eating contest
living near empty - spend some time to fill up spiritually

Illustrations and points to make

1. *Sword vs. Tooth Pick*
2. *seperating ourselves from the situation or the alarm - smoke Hebrews 12:1*
3. *Back to the future mcFly punch - Romans 12:21; Romans 6:12*
4. *Physical training some value - 24 hour fitness*
5. *Kenneth Rogers - know when to run*
6. *Strict training - pain is unavoidable*
7. *We may lose some battles but Christ has already won the war.*

“31) What, then, shall we say in response to this? If God is for us, who can be against us? 32) He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things? 33) Who will bring any charge against those whom God has chosen? It is God who justifies. 34) Who is he that condemns? Christ Jesus, who died—more than that, who was raised to life—is at the right hand of God and is also interceding for us. 35) Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword? 36) As it is written: “For your sake we face death all day long; we are considered as sheep to be slaughtered.” 37) No, in all these things we are more than conquerors through him who loved us. 38) For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, 39) neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.”

What does God being “for us” mean?